

HOW TO PLAY GRANDMA'S FOOTSTEPS

One person is Grandma - They face a wall, standing in a chalk circle. Others in the group start at the other end of the room, then try to creep up to Grandma and get inside the circle (which should be 1m from Grandma to edge). However, at any moment, Grandma can turn around suddenly. If they see anyone moving, they point at them and that person must return to the start. No one is allowed to move while they are watching them.

Whoever manages to get into the circle first becomes Grandma (male or female) and the game starts again. It's a good activity for cultivating concentration and patience - not to mention lots of cheating!

To make it more challenging, put some hats, wigs, scarves, shoes, handbags or other items of Grandma costume on the floor. Make it a rule that they have to put on a hat or an item of clothing before you jump into Grandma's circle!

