

Elephant

You will need:

A ball or orange per player

A pair of tights per player

Filled water bottles

How to play:

Place the water bottles in two straight lines. Make the game into a relay and get the players into 2 socially distant lines behind the bottles. Put the orange/ball into the foot part of the tights. The player is now ready to swing!

The aim is to knock down each water bottle by swinging the orange/ball just using their head (it sounds a LOT easier than it is!)

Once one person goes, restand the bottles for the next team member. The first team to knock down all the bottles wins!