

Chalk obstacle course

Number of players

At least 2; but more is better.

You will need:

Lots of chalk

How to play:

- 1. Choose a long bit of path or car free road and split it into connected zones, one for each child (or team) playing. The course can be straight, wavy or even circular but must link in sequence. Zones are ideally at least 2m each in length.
- 2. Each player (or team) gets some chalk and creates a series of obstacles or challenges in their zone. They must start and finish to match the start/finish of the adjoining player(s) zone. If it is necessary to maintain social distancing each player should start and work in the same direction; so they do not meet.
- 3. Ideas can include stepping stones, hopscotch, silly walk instructions, exercise reps, balance lines, zig zags, rivers (with crocodiles); the options are endless.
- 4. Once everyone has finished you should have a fantastic long snake of an obstacle course. Take turns completing it forwards, backwards or even walking backwards for an additional challenge. Time one another who's the fastest?